Title: Garamond 14, Bold, Centred, Capitalised

Name and Surname of Authors1: Garamond, 11, Normal, Centred, with superscript number.

*1Affiliation: Superscript number followed by affiliation and country. Garamond 10, Italic, Centred*

## Abstract: Bold, Garamond 11, no space follows

Text of abstract: Garamond 11, Normal, not justified. kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

### Keywords: Bold, Garamond 11, no space follows

Up to 6 keywords: Garamond 11, Normal, not justified,

# Introduction: Garamond 12, Bold, followed by space[[1]](#footnote-1)

Paragraph/Main Text: Garamond, 11, Normal, not justified. Text single spaced. Use space between paragraphs.

Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (Author, year). Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (Author, year; Author year; Author, year).

Author (year) found that:

Longer Quote: indented, Garamond 10, Normal, no quotation marks, not justified.

kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (p.#)

Paragraph after quote Garamond, 11, Normal, not justified kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

short quotes- According to author (year) “Kkkkkkkkkkkkkkkkkkkkkkkkkk” (p.#). OR

“Kkkkkkkkkkkkkkkkkkkkkkkkkk” (Author, year, p.#).

# Heading: Garamond 12, Bold, Capitalised, Followed by Space

Paragraph: Garamond 11 pt, Normal, Not Justified

Author and Author (year) suggested kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk. Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (Author & Author, year). Author et al., (year) studied kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

Sub-heading1: Garamond 12, Italic, Bold, Capitalised, Followed by Space

KkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkKkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (Author et al., year). Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

Sub-heading2: Garamond 12, Normal, Capitalised, Followed by Space

kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkKkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk (Author et al., year). Kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk.

# Conclusion: Garamond 12, Bold, Followed by Space

Paragraph: Garamond 11pt, Normal, Not Justified kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk

# Acknowledgments: Garamond 12, Bold, no space follows.

Garamond 11, Normal, not justified.

# Disclosure statement: Garamond 12, Bold, no space follows.

Garamond 11, Normal, not justified. No space follows.

No potential conflict of interest was reported by the authors. (change as required)

# References: Garamond, 12, Bold (APA version 7)

Please note:

* All lines after the first line of each entry in the reference list should be indented .5 inch from the left margin.
* references should be listed in alphabetical order
* two or more works by the same author will repeat the author’s surname (earliest year comes first – if no date then (n.d.) will come first

# Organization as an author (write the whole name of the organization)

**Single Author Periodical**

Author, A. A. (year). Title of article. *Title of Periodical*, volume#(issue #), pages. DOI

# Multiple Authors Periodicals

Lastname, A., Lastname, A., & Lastname, A. (year). Title of article. Title of Periodical,

volume#(issue#), pages. DOI

Book

Author, A. A. (year). *Title of Book.* Publisher Name.

Chapter in Edited Book

Author A. A. (year). Title of chapter. In E.E. editor (Ed.), *Title of book,* (pp. 1-25). Publisher Name.

# YouTube Video

Uploader, A. A. (Date). Title of work [Description]. YouTube. URL

Podcast Episode

Host, A. A. (Date). Title of Episode (No. 1) [audio podcast episode]. In Title of podcast. Publisher. URL

TWEET

Author, A.. A. [@username]. (Date). Content of post up to first 20 words. Site Name. URL

Websites

Author, A. A. (Date). Title of webpage. Site Name. URL

American Psychological Association (2020). 7th edition APA common reference examples guide. APA style. <https://apastyle.apa.org/instructional-aids/reference-examples.pdf>

Purdue University (2020). American Psychological Association (APA) Style Guidelines Overview. Online Purdue Writing Lab. <https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/documents/APA%20Poster%2010.22.12.png>

American Psychological Association. (2021). Publication manual of the American Psychological Association, 7th Edition. APA Style. <https://apastyle.apa.org/products/publication-manual-7th-edition>

1. Footnotes: Garamond 10. [↑](#footnote-ref-1)